

# Homestyle Creamy Chicken Stew

with Cheddar Chive Biscuits

Discovery 40 Minutes



A classic flavour base made up of carrots, celery and onions!

# Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

#### Bust out

Measuring spoons, large bowl, measuring cups, large non-stick pan, 8x8-inch baking dish, paper towels

## Ingredients

	2 Person	4 Person
Chicken Breasts •	2	4
Mirepoix	113 g	227 g
Cream Sauce Spice Blend	1 tbsp	2 tbsp
Chives	7 g	7 g
All-Purpose Flour	1 ½ cups	3 cups
Baking Powder	1 tbsp	2 tbsp
Mayonnaise	2 tbsp	4 tbsp
Sour Cream	6 tbsp	12 tbsp
Cheddar Cheese, shredded	1⁄4 cup	½ cup
Green Peas	56 g	113 g
Chicken Broth Concentrate	1	2
Milk*	½ cup	1 cup
Unsalted Butter*	2 tbsp	4 tbsp
Sugar*	1 tsp	2 tsp
Salt and Pepper*		

\* Pantry items

 $^{**}$  Cook to a minimum internal temperature of 74°C/165°F, as size may vary.

• Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

# Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

#### Contact



## Make biscuit dough

Thinly slice chives.

• Stir together mayo, sour cream, cheese, baking powder, half the chives, 3 tbsp water, 1 tsp sugar and ½ tsp salt (dbl all for 4 ppl) in a large bowl.

• Add **flour**, then stir until just combined. Set aside.

Bake chicken stew and biscuits

• Transfer chicken stew to an 8x8-inch baking

• Using 2 spoons, drop **1 tbsp biscuit dough** 

at a time onto stew in a single layer until all

Bake in the middle of the oven until

**biscuits** are golden and cooked through,

dish (9x13-inch for 4 ppl).

biscuit dough is used up.

14-16 min.



## Prep chicken and start stew

• Pat **chicken** dry with paper towels, then cut into 1-inch pieces. Season with **salt** and **pepper**.

- Heat a large non-stick pan over mediumhigh heat.
- When the pan is hot, add **2 tbsp butter** (dbl for 4 ppl), then swirl until melted, 1 min.

• Add **chicken**, **peas** and **mirepoix**. Cook, stirring occasionally, until **chicken** is no longer pink and **veggies** soften, 3-4 min.



#### Finish and serve

- Let chicken stew and biscuits cool for
- 3-5 min before serving.
- Divide between plates.

# **Dinner Solved!**

3

#### **Finish stew**

• Sprinkle **Cream Sauce Spice Blend** over **chicken and veggies**. Cook, stirring often, until **veggies** are coated, 30 sec.

• Add **broth concentrate**, <sup>1</sup>/<sub>2</sub> **cup water** and <sup>1</sup>/<sub>2</sub> **cup milk** (dbl both for 4 ppl). Bring to a boil, stirring often.

• Once boiling, reduce heat to mediumlow. Cook, stirring occasionally, until **stew** thickens slightly and **chicken** is cooked through, 2-3 min.\*\*

- Remove the pan from heat.
- Stir in remaining chives.
- Season with **salt** and **pepper**, to taste.