

Italian Steak Strips

with Tomato Carpaccio Salad

PRONTO

30 Minutes









Steak Strips

Beefsteak Tomato





Italian Seasoning





Baby Arugula

Parmesan Cheese







Sour Cream

Capers





Mayonnaise

Ciabatta Bun

Start Strong

Before starting, preheat the oven to 450°F and wash and dry all produce.

Bust Out

Baking Sheet, Garlic Press, 2 Large Bowls, Large Non-Stick Pan, Measuring Spoons, Paper Towels, Whisk, Medium Bowl

Ingredients

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	2 Person	4 Person
Steak Strips	285 g	570 g
Beefsteak Tomato	2	4
Italian Seasoning	1 tbsp	2 tbsp
Garlic	6 g	12 g
Baby Arugula	113 g	227 g
Parmesan Cheese	⅓ cup	½ cup
Sour Cream	3 tbsp	6 tbsp
Capers	30 g	60 g
Mayonnaise	2 tbsp	4 tbsp
Ciabatta Bun	1	2
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



1. MAKE CROUTONS

Cut ciabatta into ½-inch pieces. Peel, then mince or grate garlic. Whisk together half the garlic and 1 tbsp oil (dbl for 4 ppl) in a large bowl. Season with salt and pepper. Add ciabatta pieces and stir to coat. Arrange ciabatta buns on a baking sheet. Toast in middle of oven, stirring halfway through cooking, until lightly golden, 5-7 min. (TIP: Keep an eye on them, so they don't burn!)



2. PREP

While **ciabatta** toasts, thinly slice **tomato** into ¼-inch slices. Rinse **capers**, then pat dry with paper towels. Pat **steak strips** dry with paper towels. Add **steak strips** with **1 tbsp oil** (dbl for 4 ppl) and **Italian seasoning** to another large bowl. Toss to coat and set aside.



3. MAKE DRESSING

Add mayo, sour cream, remaining garlic, 1 tsp Parmesan and 1 tbsp water (dbl both for 4 ppl) to a medium bowl. Season with salt and pepper. Stir to combine.



4. COOK STEAK STRIPS

Heat a large non-stick pan over medium-high. When hot, add **1 tbsp oil**, then **steak strips**. Cook, stirring occasionally, until browned, 4-6 min.** (**NOTE:** Cook steak strips in two batches for 4 ppl, using 1 tbsp oil for each batch!)



5. FINISH AND SERVE

Add arugula to the creamy garlic dressing and toss together. Divide tomatoes between plates and season with salt and pepper. Top with arugula, croutons then steak strips. Sprinkle over capers and remaining Parmesan.

Dinner Solved!

Contact

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hello@hellofresh.ca
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^{**} Cook to a minimum internal temperature of 71° C/ 160° F, as size may vary.