

HELLO Lemon-Garlic Shrimp, Corn and Peppers

with Roasted Potatoes

Family Friendly 25-35 Minutes



Salmon Fillets. 250 g | 500 g











If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🎥







285 g | 570 g





Yellow Potato



34 tsp | 1 ½ tsp







1 | 2





1/2 | 1

1 | 2





2 tbsp | 4 tbsp

3/4 tsp | 1 1/2 tsp

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | 2 Baking sheets, medium bowl, measuring spoons, strainer, zester, small bowl, small microwavable bowl, paper towels



Roast potatoes

- Before starting, preheat the oven to 450°F.
- · Wash and dry all produce.
- Cut **potatoes** into ½-inch wedges.
- Add potatoes and 1 tbsp (2 tbsp) oil to an unlined baking sheet. Season with
 ½ tsp (1 tsp) garlic salt and pepper, then toss to coat.
- Roast in the **bottom** of the oven, flipping halfway through, until tender and goldenbrown, 20-23 min.



Prep

- Meanwhile, peel, then cut **half the onion** (whole onion for 4 ppl) into ½-inch pieces.
- Core, then cut **pepper** into ½-inch pieces.
- Zest, then juice half the lemon (whole lemon for 4 ppl). Cut any remaining lemon into wedges.
- Peel, then mince or grate garlic.
- Using a strainer, drain and rinse **shrimp**, then pat dry with paper towels.



Roast veggies and shrimp

🛨 Add | Salmon Fillets 🗍

- Add corn, onions, peppers,
 1 tbsp (2 tbsp) oil and ¼ tsp (½ tsp) garlic salt to another unlined baking sheet. Season with pepper, then toss to combine.
- Roast in the **middle** of the oven until **veggies** are tender-crisp, 8-10 min.
- Meanwhile, add shrimp and
 ½ tsp (1 tsp) Lemon-Pepper Seasoning to a medium bowl. Season with salt, then toss to combine.
- When veggies are tender-crisp, carefully remove the baking sheet from the oven. Add shrimp to the baking sheet with veggies.
- Roast in the middle of the oven until shrimp are cooked through, 2-4 min.**



Make lemon dipper

- Meanwhile, add lemon zest,
 ½ tsp (½ tsp) Lemon-Pepper Seasoning and mayo to a small bowl.
- Season with salt, then stir to combine.



Make garlic butter

- Melt 1 tbsp (2 tbsp) butter in a small microwavable bowl, or in a small pan over low heat.
- Add **garlic** and ½ **tbsp** (1 tbsp) **lemon juice**, then stir to combine.



Finish and serve

Add | Salmon Fillets

- Pour garlic butter over shrimp-veggie mixture on the baking sheet. Season with salt, to taste, then toss to combine.
- Divide roasted potatoes and shrimp-veggie mixture between plates.
- Serve **lemon dipper** on the side.
- Squeeze a lemon wedge over top, if desired.

Measurements within steps

1 tbsp (2 tbsp)

p) oil

3 | Cook salmon

Add | Salmon Fillets

If you've opted to add **salmon**, pat dry with paper towels. Season all over with **salt** and **pepper**. Heat a large non-stick pan over medium-high heat. When hot, add ½ **tbsp** (1 tbsp) **oil**, then **salmon**. Pan-fry until golden-brown and cooked through, 2-3 min per side.** Transfer to a plate, then cover to keep warm. If desired, carefully remove and discard salmon skin.

6 | Finish and serve



Top **shrimp-veggie mixture** with **salmon**.



Issue with your meal? Scan the QR code to share your feedback.