

Mango Chutney-Glazed Paneer Subs

with Peppers, Spinach and Cilantro Aioli

Veggie

35 Minutes







Paneer Cheese

Mango Chutney





Sweet Bell Pepper





Garlic, cloves







Mayonnaise









Russet Potato



Baby Spinach

Indian Spice Mix

Start here

- Before starting, preheat the oven to 450°F.
- Remove 1 tbsp butter (dbl for 4 ppl) from the fridge and set aside to come up to room temperature for step 4.
- Wash and dry all produce.

Garlic Guide for Step 4 (dbl for 4 ppl):

- Mild: ½ tsp
- Medium: 1/4 tsp
- Extra: 1/2 tsp

Bust out

2 Baking sheets, measuring spoons, zester, small bowl, large non-stick pan

Ingredients

•		
	2 Person	4 Person
Paneer Cheese	200 g	400 g
Mango Chutney	4 tbsp	8 tbsp
Red Onion	113 g	226 g
Sweet Bell Pepper	160 g	320 g
Garlic, cloves	1	2
Cilantro	7 g	7 g
Mayonnaise	4 tbsp	8 tbsp
Sub Roll	2	4
Russet Potato	460 g	920 g
Lime	1/2	1
Baby Spinach	28 g	56 g
Indian Spice Mix	1 tbsp	2 tbsp
Unsalted Butter*	3 tbsp	6 tbsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

Call or email us | (855) 272-7002 hello@hellofresh.ca HelloFresh.ca





Roast potato wedges

- Cut **potatoes** into ½-inch wedges.
- Add potatoes and 1 tbsp oil to an unlined baking sheet. Season with 1 tsp Indian Spice Mix, salt and pepper, then toss to coat.
 (NOTE: For 4 ppl, use 2 baking sheets, with 1 tbsp oil and 1 tsp Indian Spice Mix per sheet.)
- Roast in the **middle** of the oven, flipping halfway through, until tender and golden-brown, 24-26 min. (NOTE: For 4 ppl, roast in the middle and bottom of the oven, rotating sheets halfway through.)



Prep

- Meanwhile, core, then cut **pepper** into 1/4-inch slices.
- Peel, then cut **onion** into ¼-inch slices.
- Peel, then mince or grate garlic.
- Finely chop cilantro.
- Zest, then juice **half the lime** (whole lime for 4 ppl).
- Cut paneer into 1/4-inch-thick slices.



Cook veggies

- Heat a large non-stick pan over medium-high heat.
- When hot, add 1 tbsp butter (dbl for 4 ppl), then onions and peppers. Cook, stirring, occasionally, until veggies are tender-crisp, 4-5 min. Season with salt and pepper.
- Add half the garlic, then sprinkle remaining Indian Spice Mix and half the cilantro over veggies. Cook, stirring often, until fragrant, 1 min.
- Transfer **veggies** to a plate, then cover to keep warm.
- Carefully wipe the pan clean.



Toast rolls and make aioli

- Meanwhile, halve rolls.
- Spread 1 tbsp softened butter (dbl for 4 ppl) on bottom rolls. Arrange rolls on another unlined baking sheet, cut-side up.
- Toast **rolls** in the **top** of the oven until goldenbrown, 3-4 min. (TIP: Keep an eye on rolls so they don't burn!)
- Meanwhile, add mayo, lime zest, remaining cilantro and remaining garlic to a small bowl. (NOTE: Reference garlic guide.) Season with salt and pepper, to taste, then stir to combine.



Cook paneer

- Heat the same pan (from step 3) over mediumhigh. When hot, add 1 tbsp butter, then swirl the pan until melted. (NOTE: Don't overcrowd the pan; cook paneer in 2 batches for 4 ppl, using 1 tbsp butter per batch.)
- Add **paneer** and season with **salt**. Pan-fry, flipping once, until crispy and golden, 2-3 min per side.
- Add mango chutney and 1 tsp lime juice (dbl for 4 ppl). Cook, flipping paneer occasionally, until chutney thickens slightly and paneer is coated, 1-2 min. Remove the pan from heat.



Finish and serve

- Spread some cilantro aioli on top rolls.
- Arrrange paneer on bottom rolls, then drizzle any remaining glaze from the pan over top. Stack with spinach, then veggies. Close with top rolls.
- Divide **subs** and **potato wedges** between plates. Serve **remaining cilantro aioli** alongside for dipping.

Dinner Solved!