

## Meatballs in Retro Chili Sauce

Spicy

with Buttered Rice

Family Friendly

25-35 Minutes



HELLO BALSAMIC GLAZE
Both sweet and tart, this flavour maker works in a variety of dishes!

### Start here

Before starting, wash and dry all produce.

#### Bust out

Medium bowl, measuring spoons, medium pot, 2 large bowls, measuring cups, whisk, large non-stick pan

#### Ingredients

	2 Person	4 Person
Ground Beef and Pork Mix	250 g	500 g
Panko Breadcrumbs	¼ cup	½ cup
Chicken Stock Powder	1 tbsp	2 tbsp
Basmati Rice	¾ cup	1 ½ cups
Worcestershire Sauce	1 tbsp	2 tbsp
Soy Sauce	1 tbsp	2 tbsp
Tomato Sauce Base	4 tbsp	8 tbsp
Balsamic Glaze	2 tbsp	4 tbsp
Sweet Chili Sauce 🥑	2 tbsp	4 tbsp
Baby Spinach	56 g	113 g
Roma Tomato	80 g	160 g
Unsalted Butter*	1 tbsp	2 tbsp
Oil*		
Salt and Pepper*		

\* Pantry items

\*\* Cook to a minimum internal temperature of 74°C/165°F.

#### Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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#### **Cook rice**

Stir together rice, 1 ¼ cups water and
2 tsp stock powder (dbl both for 4 ppl) in a medium pot. Cover and bring to a boil over high heat.

• Once boiling, reduce heat to low. Cover and cook until **rice** is tender and **liquid** is absorbed, 12-14 min.

• Remove the pot from heat. Set aside, still covered.



#### Make sauce mixture

- Add sweet chili sauce, tomato sauce base, remaining soy sauce, remaining Worcestershire sauce, remaining balsamic glaze and 2 tbsp water (dbl for 4 ppl) to a medium bowl.
- Season with pepper, then stir to combine.



#### Cook meatballs

• Meanwhile, heat a large non-stick pan over medium heat.

• While the pan heats, add **beef and pork** mix, panko, half the Worcestershire sauce, half the soy sauce and remaining stock powder to a large bowl. Season with ½ tsp salt (dbl for 4 ppl) and pepper, then combine.

• Roll **mixture** into **8 equal-sized meatballs** (16 for 4 ppl).

• When the pan is hot, add **1 tbsp oil** (1½ tbsp for 4 ppl), then **meatballs**. Cook, turning **meatballs** occasionally, until browned all over and cooked through, 12-14 min.\*\*



#### Sauce meatballs

- When **meatballs** are done, carefully drain and discard excess fat from the pan.
- Add **glaze mixture**. Simmer, gently stirring occasionally, until **glaze** thickens slightly and coats **meatballs**, 2-3 min. Season with **salt** and **pepper**, to taste.



# Prep and make balsamic vinaigrette

- Meanwhile, cut **tomato** into ½-inch pieces.
- Add half the balsamic glaze and

**1 tbsp oil** (dbl for 4 ppl) to another large bowl. Season with **salt** and **pepper**, to taste, then whisk to combine.



#### Finish and serve

• Add **tomatoes** and **spinach** to the bowl with **vinaigrette**, then toss to coat.

- Add **1 tbsp butter** (dbl for 4 ppl) to the pot with **rice**. Fluff with a fork until **butter** melts.
- Divide rice and salad between plates.
- Top rice with meatballs. Spoon any remaining retro chili sauce from the pan over meatballs.

## **Dinner Solved!**