

Mediterranean Lamb Burgers

with Sweet Potato Fries

Family Friendly

30 Minutes





Ground Lamb





Artisan Bun



Sweet Potato, fries



Mediterranean Spice



Feta Cheese, crumbled



Baby Spinach



Mini Cucumber



Garlic Puree

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

2 Baking sheets, medium bowl, measuring spoons, parchment paper, small bowl, large non-stick pan

Ingredients

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	2 Person	4 Person
Ground Lamb	250 g	500 g
ffi Minced Turkey	250 g	500 g
Artisan Bun	2	4
Sweet Potato, fries	340 g	680 g
Mediterranean Spice Blend	1 tbsp	2 tbsp
Mayonnaise	4 tbsp	8 tbsp
Feta Cheese, crumbled	½ cup	1 cup
Mini Cucumber	132 g	264 g
Baby Spinach	56 g	113 g
Garlic Puree	1 tbsp	2 tbsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Roast sweet potato fries

Add **sweet potato fries** and **1 tbsp oil** to a parchment-lined baking sheet. Season with **salt** and **pepper**, then toss to coat. (NOTE: For 4 ppl, use 2 parchment-lined baking sheets, with 1 tbsp oil per sheet.) Roast in the **middle** of the oven, flipping halfway through, until tender and golden-brown, 22-24 min. (NOTE: For 4 ppl, roast in the middle and top of the oven, rotating sheets halfway through.)



Prep and make patties

While sweet potato fries roast, cut cucumber into ¼-inch rounds. Add lamb, garlic puree, Mediterranean Spice Blend and ¼ tsp salt (dbl for 4 ppl) to a medium bowl. Season with pepper, then combine. Form lamb mixture into two 4-inch-wide patties (4 patties for 4 ppl).



CUSTOM RECIPE

If you've opted to get **turkey**, prepare and cook it in the same way the recipe instructs you to prepare and cook the **lamb**.



Cook patties

Heat a large non-stick pan over medium-high heat. When hot, add **patties** to the dry pan. Pan-fry until **patties** are golden-brown and cooked through, 4-5 min per side.** (NOTE: Don't overcrowd the pan; cook the patties in 2 batches if needed!)



Toast buns

While **patties** cook, halve **buns**. Arrange on an unlined baking sheet, cut-side up. Toast **buns** in the **middle** of the oven, until goldenbrown, 2-4 min. (NOTE: Keep your eye on them so they don't burn!)



Make feta-mayo

While **buns** toast, add **mayo** and **half the feta** to a small bowl. Season with **pepper**, then stir to combine.



Finish and serve

Spread feta-mayo onto buns. Top bottom buns with spinach, patties, cucumbers and top buns. Divide burgers and sweet potato fries between plates. Sprinkle remaining feta over fries.

Dinner Solved!

Contact

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^{**} Cook to a minimum internal temperature of 74°C/165°F.