

# Mexican-Inspired Pork Stew

with Tortilla Chips

Family Friendly Optional Spice 25 - 35 Minutes



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**Ground Pork** 





Tex-Mex Paste

Tortilla Chips

Cheddar Cheese,

shredded



Canned Corn







Green Bell Pepper



**Crushed Tomatoes** with Garlic and Onion



Sour Cream



Garlic Salt



Chipotle Powder



This is a Custom Recipe. If you chose to swap your protein, simply follow the instructions on the back of this card and you're set.

Happy cooking!

## Start here

Before starting, wash and dry all produce.

Measurements 1 tbsp (2 tbsp) within steps

4 person Ingredient

#### **Heat Guide for Step 3:**

- Mild: ½ tsp (½ tsp)
- Medium: ¼ tsp (½ tsp)
- Spicy: 1/2 tsp (1 tsp)

#### **Bust out**

Measuring spoons, slotted spoon, zester, measuring cups, large pot

## Ingredients

| •   |          |          |
|---|----------|----------|
|   | 2 Person | 4 Person |
| Ground Pork                               | 250 g    | 500 g    |
| Beyond Meat®                              | 2        | 4        |
| Canned Corn                               | ½ can    | 1 can    |
| Tex-Mex Paste                             | 1 tbsp   | 2 tbsp   |
| Green Bell Pepper                         | 1        | 2        |
| Tortilla Chips                            | 85 g     | 170 g    |
| Crushed Tomatoes with<br>Garlic and Onion | 1        | 2        |
| Cheddar Cheese,<br>shredded               | ½ cup    | 1 cup    |
| Sour Cream                                | 3 tbsp   | 6 tbsp   |
| Garlic Salt                               | 1 tsp    | 2 tsp    |
| Chipotle Powder 🗹                         | ⅓ tsp    | 1/4 tsp  |
| Oil*                                      |          |          |
|   |          |          |

Salt and Pepper\*

## Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



#### Prep

- Core, then cut **pepper** into ¼-inch pieces.
- Drain, rinse, then pat dry half the can of corn (whole can for 4 ppl).



## Cook pork

- Heat a large pot over medium-high heat. (NOTE: You can also use a very large nonstick pan.)
- When hot, add 1/2 tbsp (1 tbsp) oil, then pork. Cook, breaking up pork into smaller pieces, until no pink remains, 4-5 min.\*\*
- Season with salt and pepper.
- Using a slotted spoon, transfer **pork** to a plate. Set aside.

If you've opted to get **Beyond Meat®**, prepare and cook it the same way as the **pork**, until crispy.\*\*



## Cook veggies

- Add ½ tbsp (1 tbsp) oil to the same pot, then peppers and corn.
- · Cook, stirring often, scraping up any browned bits on the bottom of the pot, until peppers soften, 2-3 min.
- Add Tex-Mex paste, garlic salt and 1/8 tsp (1/4 tsp) chipotle powder. (NOTE: Reference heat guide.)
- Stir to coat **veggies**.



#### Cook stew

- Add crushed tomatoes, pork (including any juices from the plate) and 1/4 cup (1/2 cup) water to the same pot. Bring to a boil over high.
- Once boiling, reduce heat to medium-high. Simmer, stirring occasionally, until stew thickens slightly, 5-6 min.
- Season with salt and pepper, to taste.



### Finish and serve

- Divide **stew** between bowls, then sprinkle cheese over top.
- Dollop with sour cream.
- Serve tortilla chips alongside.

**Dinner Solved!** 



<sup>\*</sup> Pantry items

<sup>\*\*</sup> Cook to a minimum internal temperature of 74°C/165°F.