



North African-Style Loaded Pork Bowls

with Roasted Sweet Potatoes

Discovery

35 Minutes



Ground Pork



Sweet Potato



Moroccan Spice Blend



Onion, chopped



Garlic, cloves



Harissa Spice Blend



Baby Spinach



Feta Cheese, crumbled



Almonds, sliced



Sultana Raisins

HELLO MOROCCAN SPICE BLEND

This blend of North African spices is warm and aromatic!

Start here

- Before starting, preheat the oven to 425°F.
- Wash and dry all produce.

Bust out

Baking sheet, vegetable peeler, measuring spoons, large bowl, parchment paper, large non-stick pan

Ingredients

	2 Person	4 Person
Ground Pork	250 g	500 g
Sweet Potato	340 g	680 g
Moroccan Spice Blend	½ tbsp	1 tbsp
Onion, chopped	113 g	227 g
Garlic, cloves	2	4
Harissa Spice Blend	1 tbsp	2 tbsp
Baby Spinach	113 g	226 g
Feta Cheese, crumbled	¼ cup	½ cup
Almonds, sliced	28 g	56 g
Sultana Raisins	28 g	56 g
Oil*		
Salt and Pepper*		

* Pantry items

** Cook to a minimum internal temperature of 74°C/165°F.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

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Roast sweet potatoes

- Peel, then cut **sweet potatoes** into ¾-inch pieces.
- Add **sweet potatoes**, **1 tsp Moroccan Spice Blend** and **1 tbsp oil** (dbl both for 4 ppl) to a parchment-lined baking sheet. Season with **salt** and **pepper**, then toss to coat.
- Roast in the **middle** of the oven, stirring halfway through, until golden-brown and tender, 22-24 min.



Cook harissa-spiced onions

- Add **1 tbsp oil** (dbl for 4 ppl) to the same pan, then **onions**. Cook, stirring occasionally, until softened, 2-3 min.
- Add **garlic** and **Harissa Spice Blend**. Cook, stirring often, until fragrant, 30 sec.
- Transfer **harissa-spiced onions** to a large bowl.



Prep and toast almonds

- Meanwhile, peel, then mince or grate **garlic**.
- Heat a large non-stick pan over medium-high heat.
- When hot, add **almonds** to the dry pan. Toast, stirring, until golden, 3-4 min. (**TIP:** Keep your eye on almonds so they don't burn!)
- Transfer **almonds** to a plate and set aside.



Finish and serve

- Add **spinach**, **half the raisins**, **half the almonds** and **1 tbsp oil** (dbl for 4 ppl) to the bowl with **harissa-spiced onions**. Season with **salt** and **pepper**, then toss to combine.
- Divide **salad** between plates, then top with **sweet potatoes** and **pork**.
- Sprinkle **feta**, **remaining raisins** and **remaining almonds** over top.



Cook pork

- Add **1 tbsp oil** (dbl for 4 ppl) to the same pan, then **pork** and **½ tsp Moroccan Spice Blend** (dbl for 4 ppl). Cook, breaking up **pork** into smaller pieces, until no pink remains, 4-5 min. ****** Season with **salt** and **pepper**.
- Transfer **pork** to a plate, then cover to keep warm.

Dinner Solved!