

# Pastrami Spiced Beef Hash

with Sweet Bell Peppers and Green Cabbage

PRONTO

**30 Minutes** 









**Beef Strips** 

Yellow Potato





**Green Onions** 

Pastrami Spice Blend



Sweet Bell Pepper



shredded



Monterey Jack Cheese, shredded

**HELLO PASTRAMI SPICE** 

# START HERE `

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

#### **Bust Out**

Parchment Paper, Baking Sheet, Measuring Spoons, Large Non-Stick Pan, Paper Towels, Medium Bowl

# Ingredients

mgreaterits		
	2 Person	4 Person
Beef Strips	285 g	570 g
Yellow Potato	300 g	600 g
Pastrami Spice Blend	1 tbsp	2 tbsp
Green Onions	2	4
Sweet Bell Pepper	160 g	320 g
Green Cabbage, shredded	113 g	227 g
Monterey Jack Cheese, shredded	⅓ cup	½ cup
Sugar*	1 tsp	2 tsp
Oil*		
Salt and Pepper*		

<sup>\*</sup> Pantry items

#### **Allergens**

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Call or email us | (855) 272-7002 hello@hellofresh.ca HelloFresh.ca





## 1. ROAST POTATOES

Cut **potatoes** into ½-inch pieces. Toss **potatoes** and **1 tbsp oil** (dbl for 4 ppl) on a parchment-lined baking sheet. Season with **pepper**. Roast in **middle** of oven, until golden-brown, 25-28 min.



#### 2. PREP

While **potatoes** roast, thinly slice **green onions**. Core, then cut **peppers** into ½-inch pieces. Pat **beef** dry with paper towels, then cut any large pieces in half.



### 3. COOK CABBAGE MIXTURE

Heat a large non-stick pan over medium heat. When hot, add ½ tbsp oil (dbl for 4 ppl), then cabbage, peppers and 1 tsp sugar (dbl for 4 ppl). Cook, stirring often, until slightly softened, 2-3 min. Season with salt. Cook, stirring occasionally, until cabbage is goldenbrown, 4-5 min. Remove pan from heat. Transfer cabbage to a medium bowl. Set aside. Carefully wipe pan clean.



# 4. COOK BEEF

Heat the same pan over medium-high heat. When hot, add ½ tbsp oil (dbl for 4 ppl), then beef and Pastrami Spice Blend. Cook, stirring occasionally, until cooked through, 3-5 min.\*\* (TIP: Don't overcrowd the pan; cook beef in 2 batches for 4 ppl.)



# 5. FINISH AND SERVE

Add roasted potatoes, cabbage mixture and half the green onions to the pan with beef.
Stir together. Divide hash between bowls, then sprinkle over cheese and remaining green onions.



### 6. GOT EGGS?!

In Step 4, while **beef** cooks, heat a medium non-stick pan over medium-low heat. When hot, add **2 tbsp butter** (dbl for 4 ppl) and swirl pan, until melted. Crack in **two eggs** (dbl for 4 ppl). Season with **salt** and **pepper**. Pan-fry, covered, until **egg white** has set, 2-3 min. (NOTE: The yolk will still be runny! If preferred, pan-fry eggs using 1 tbsp oil instead of butter.)

# **Dinner Solved!**

<sup>\*\*</sup> Cook to a minimum internal temperature of 71°C/160°F, as size may vary.