

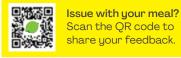
# Shawarma-Style Beef Wraps

with Garlic Sauce and Spinach Salad

Discovery

Quick

25 Minutes









Flatbread

Mayonnaise





**Baby Spinach** 

Roma Tomato





Yellow Onion







Panko Breadcrumbs

Shawarma Spice

Blend



Hummus



Red Wine Vinegar



This is a Custom Recipe. If you chose to swap your protein, simply follow the instructions on the back of this card and you're set.

Happy cooking!

## Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Measurements 1 tbsp (2 tbsp) oil within steps 2 person 4 person Ingredient

#### **Bust out**

2 Baking sheets, measuring spoons, silicone brush, aluminum foil, parchment paper, 2 large bowls, 2 small bowls

## Ingredients

	2 Person	4 Person
Ground Beef	250 g	500 g
Ground Turkey	250 g	500 g
Flatbread	2	4
Mayonnaise	4 tbsp	8 tbsp
Roma Tomato	190 g	380 g
Baby Spinach	113 g	227 g
Yellow Onion	56 g	113 g
Parsley	7 g	7 g
Garlic, cloves	2	4
Panko Breadcrumbs	⅓ cup	½ cup
Hummus	4 tbsp	8 tbsp
Shawarma Spice Blend	2 tbsp	4 tbsp
Red Wine Vinegar	2 tbsp	4 tbsp
Sugar*	1 tsp	2 tsp
Oil*		
Salt and Pepper*		

- \* Pantry items
- \*\* Cook beef and turkey to a minimum internal temperature of 74°C/165°F.

## **Allergens**

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.





### Cook shawarma beef

- Add beef, Shawarma Spice Blend, panko and ¼ tsp (½ tsp) salt to a large bowl. Season with pepper, then combine.
- Form mixture into two 1-inch-thick oval patties (4 patties for 4 ppl).
- Arrange on a foil-lined baking sheet.
- Roast in the **top** of the oven until cooked through, 12-14 min.\*\*
- Transfer **patties** to a cutting board. Cover with foil and let rest, 2-3 min.

If you've opted to get **turkey**, prepare and cook it in the same way the recipe instructs you to prepare and cook the **beef**.\*\*



### Prep

- Cut tomatoes into 1/4-inch pieces
- Peel, then mince or grate garlic.
- Peel, then cut **half the onion** (whole onion for 4 ppl) into ½-inch pieces.
- Roughly chop parsley.
- Add parsley, onions, half the vinegar, half the tomatoes, 1 tsp (2 tsp) oil and ½ tsp (1 tsp) sugar to a small bowl.
- Season with **salt** and **pepper**, then stir to combine. Set aside.



## Make garlic sauce

- Add garlic, mayo, ¼ tsp (½ tsp) sugar and 1 tbsp (2 tbsp) water to another small bowl.
- Season with **salt** and **pepper**, then stir to combine.



#### Make salad

- Combine remaining vinegar, 1/4 tsp (1/2 tsp) sugar and 1 tbsp (2 tbsp) oil in another large bowl. Season with salt and pepper.
- Add **spinach** and **remaining tomatoes**, then toss to combine.



- Arrange **flatbreads** on a parchment-lined baking sheet.
- Brush with ½ **tbsp** (1 tbsp) **oil**. (NOTE: For 4 ppl, use 2 parchment-lined baking sheets, with ½ tbsp oil for each baking sheet.)
- Toast **flatbreads** in the **bottom** of the oven until softened, 2-3 min.



### Finish and serve

- Thinly slice beef patties.
- Divide **flatbreads** and **salad** between plates.
- Spread hummus over flatbreads, then top with shawarma beef and pickled onions and tomatoes.
- Drizzle garlic sauce over top.

**Dinner Solved!**