



Sheet Pan Spiced Tofu Bowls

with Lemony Roasted Potatoes

Veggie

30 Minutes



Tofu
1 | 2



Shawarma Spice Blend
1 tbsp | 2 tbsp



Garlic Puree
1 tbsp | 2 tbsp



Yellow Potato
350 g | 700 g



Mayonnaise
4 tbsp | 8 tbsp



Sweet Bell Pepper
1 | 2



Tomato
1 | 2



Lemon
1 | 2



Garlic Salt
1 tsp | 2 tsp



Onion, sliced
56 g | 113 g

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

1



Roast potatoes

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.
- Zest, then juice **lemon**.
- Cut **potatoes** into 1-inch pieces.
- Add **potatoes, lemon zest, half the garlic salt** and **1 tbsp oil** to an unlined baking sheet. (**NOTE:** For 4 ppl, use 2 baking sheets, with 1 tbsp oil per sheet.)
- Season with **pepper**, then toss to coat.
- Roast in the **middle** of the oven, flipping halfway through, until tender and golden-brown, 20-22 min. (**NOTE:** For 4 ppl, roast in the top and middle of the oven, rotating sheets halfway through.)

2



Prep

- Meanwhile, cut **tomato** into ¼-inch pieces.
- Core, then cut **pepper** into ½-inch slices.
- Pat **tofu** dry with paper towels. Cut **tofu** in half parallel to the cutting board. (**NOTE:** You will have two square tofu steaks per block.)
- Season with **Shawarma Spice Blend** and **remaining garlic salt**.

3



Bake veggies and tofu

- Add **onions, peppers, ½ tbsp (1 tbsp) oil** and **half the garlic puree** to one side of another unlined baking sheet. Season with **salt** and **pepper**, then toss to combine.
- Add **tofu** to the other side of the baking sheet with **veggies**. Drizzle **½ tbsp (1 tbsp) oil** over **tofu**.
- Roast in the **bottom** of the oven, until **veggies** are tender and **tofu** is golden, 8-12 min.

4



Make garlic sauce

- Meanwhile, add **mayo, ½ tbsp (1 tbsp) lemon juice** and **remaining garlic puree** to a small bowl.
- Season with **salt** and **pepper**, then stir to combine.

5



Dress tomatoes

- Whisk together **½ tbsp (1 tbsp) lemon juice, ½ tbsp (1 tbsp) oil** and **¼ tsp (½ tsp) sugar** in a medium bowl.
- Add **tomatoes**. Season with **salt** and **pepper**, then stir to combine.

6



Finish and serve

- Thinly slice **tofu**.
- Divide **potatoes** and **veggies** between bowls.
- Top with **tofu** and **tomatoes**.
- Drizzle **garlic sauce** over top.

