

# **Smoky Beef Tacos**

with Sautéed Peppers and Guacamole

**FAMILY** 

**35 Minutes** 







**Ground Beef** 

**Green Onions** 





Cilantro

Sweet Bell Pepper







Lime

Shallot

Mexican Seasoning



Flour Tortillas



Cheddar Cheese. shredded



Smoked Paprika

# **START HERE**

Before starting, wash and dry all produce.

If desired, warm tortillas by wrapping them in paper towel and microwaving for 30 sec - 1 min. If you don't have a microwave, wrap tortillas in foil and warm them in the oven for 5 min at 425°F.

#### **Bust Out**

Large Non-Stick Pan, Medium Bowl, Large Bowl, Potato Masher, Measuring Spoons

#### **Ingredients**

3		
	2 Person	4 Person
Ground Beef	250 g	500 g
Green Onions	2	2
Cilantro	7 g	14 g
Sweet Bell Pepper	160 g	320 g
Lime	1	2
Avocado	1	2
Shallot	50 g	100 g
Mexican Seasoning	1 tbsp	2 tbsp
Flour Tortillas	6	12
Cheddar Cheese, shredded	½ cup	1 cup
Smoked Paprika	1 ½ tsp	1 ½ tsp
Oil*		
Salt and Pepper*		

<sup>\*</sup> Pantry items

#### **Allergens**

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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## 1. PREP

Roughly chop **cilantro**. Core, then cut **peppers** into thin strips. Juice **half the lime**, then cut **remaining lime** into wedges. Peel **shallots**, then thinly slice **shallots** and **green onions**.



#### 2. MAKE GUACAMOLE

Halve and pit avocados. Scoop avocado flesh into a medium bowl. Using a masher, mash in half the cilantro, half the green onions and ½ tbsp lime juice (dbl for 4ppl), until smooth. Season with salt and pepper. Set aside. (TIP: Taste and add more lime juice, 1 tsp at a time, for tangier guacamole!)



### 3. COOK VEGGIES

Heat a large non-stick pan over medium-high heat. When hot, add ½ tbsp oil (dbl for 4ppl), then peppers. Cook, stirring occasionally, until softened, 2-3 min. Add the shallots and half the Mexican seasoning. Cook, stirring occasionally, until fragrant, 1-2 min. Transfer veggies to a large bowl.



#### 4. COOK BEEF

Add beef to the same pan. Cook, breaking up beef into smaller pieces, until almost cooked through, 3-4 min. Drain any excess fat and return beef to the pan. Add smoked paprika and remaining Mexican seasoning. Cook, stirring often, until fragrant, 1-2 min.\*\* Remove pan from heat, add veggies to beef and stir until combined. Season with salt and pepper.



### 5. FINISH AND SERVE

Divide beef and veggie mixture between tortillas. Dollop with guacamole. Sprinkle over cheese, then remaining cilantro and remaining green onions. Squeeze over a lime wedge, if desired.

# **Dinner Solved!**

<sup>\*\*</sup> Cook to a minimum internal temperature of 71°C/160°F.