

# HELLO Speedy Caramelized Pork Bowls on Sticky Lemongrass-Scented Rice

20 Minutes





Customized Protein Add Swap

2 Double

If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🎥

250 g | 500 g



**Ground Pork** 



250 g | 500 g



3/4 cup | 1 ½ cup



Shanghai Bok Choy



2 | 4





Ginger-Garlic



2 tbsp | 4 tbsp







1 2









2 tbsp | 4 tbsp





Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. **Cooking utensils** | Measuring spoons, strainer, medium pot, measuring cups, large non-stick pan, paper towels



#### Cook lemongrass rice

- Before starting, add 1 ¼ cups (2 ½ cups) water and ½ tsp (¼ tsp) salt to a medium pot. Cover and bring to a boil over high heat.
- Wash and dry all produce.
- Heat Guide for Step 5:
- Mild: ¼ tsp (½ tsp) Medium: ½ tsp (1 tsp)
- Spicy: 1 tsp (2 tsp) Extra-spicy: 2 tsp (4 tsp)
- Remove outer layer of lemongrass, then halve lengthwise. Place on a cutting board, cut-side down. Using the back of a spoon or a pot, forcefully hit lemongrass to crush.
- Using a strainer, rinse rice until water runs clear.
- Add rice and lemongrass to the boiling water, then reduce heat to medium-low.
- Cover and cook until rice is tender and liquid is absorbed, 12-14 min. (NOTE: Reduce heat to low if water is boiling over.)



## Finish prep

- Meanwhile, thinly slice green onions.
- Finely chop chili, removing seeds for less heat.
  (TIP: We suggest using gloves when prepping chilies!)



## Prep bok choy

- Separate bok choy leaves from stems.
- Place in a strainer and rinse under cool water. Pat dry with paper towels, then cut stems into 1-inch pieces.



## Cook pork

🗘 Swap | Ground Beef

### O Swap | Tofu

- Heat a large non-stick pan over medium-high heat.
- When the pan is hot, add ½ tbsp (1 tbsp) oil, then pork. Break up pork into smaller pieces.
   Add bok choy stems.
- Cook, stirring often, until no pink remains in pork, 4-5 min.\*\*
- Add brown sugar and ginger-garlic puree.
  Cook, stirring often, until mixture is fragrant and turns dark-brown, 2-3 min.



## Finish pork and bok chou

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- Stir in vegetarian oyster sauce, bok choy leaves, ¼ cup (½ cup) water and ¼ tsp (¼ tsp) chilies (NOTE: Reference heat guide). Cook, stirring often, until bok choy leaves wilt.
- Remove from heat, then season with salt and pepper, to taste.



#### Finish and serve

- Remove and discard lemongrass. Fluff rice with a fork, then stir in half the green onions and half the crispy shallots.
- Divide rice between bowls.
- Top with caramelized pork and bok choy mixture.
- Sprinkle with remaining green onions and remaining crispy shallots.
- Drizzle sriracha and sprinkle any remaining chilies over top, if desired.

Measurements within steps

1 tbsp (2 tbsp)

o) oil

3 Cook beef

O Swap | Ground Beef

If you've opted to get **beef** cook it in the same way the recipe instructs you to cook the **pork**.\*\*

#### 3 | Cook tofu

O Swap | Tofu

If you've opted to get **tofu**, pat **tofu** dry with paper towels, then crumble into pea-sized pieces. Cook it in the same way the recipe instructs you to cook the **pork**, until goldenbrown all over, 6-7 min.

