

Discovery Special 35 Minutes



Ground Beef

250 g | 500 g

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If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, **visit hellofresh.ca**



Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Ingredient quantities 56g | 113g

Pantry items | Oil, sugar, salt, pepper

Cooking utensils | Baking sheet, medium bowl, measuring spoons, parchment paper, small bowl, large non-stick pan, paper towels



Prep

- Before starting, preheat oven to 450°F.
- Wash and dry all produce
- Cut **potatoes** into ½-inch wedges.
- Peel, then cut **onion** into ¼-inch slices.
- Finely chop parsley.
- Add mayo and mustard to a small bowl. Season with pepper, then stir to combine.



Roast potatoes

- Add potatoes, half the Zesty Garlic Blend and 1 tbsp oil to a parchment-lined baking sheet.
- Season with salt and pepper, then toss to coat. (NOTE: For 4 ppl, use 2 baking sheets, with a quarter of the Zesty Garlic Blend and 1 tbsp oil per sheet.)
- Roast in the middle of the oven, flipping halfway through, until tender and goldenbrown, 25-28 min. (NOTE: For 4 ppl, roast in the middle and the bottom of the oven, rotating sheets halfway through.)



Cook onions

- Meanwhile, heat a large non-stick pan over medium heat.
- When hot, add ½ tbsp (1 tbsp) oil, then onions.
- Cook, stirring occasionally, until slightly softened, 3-4 min.
- Add **1 tsp** (2 tsp) **sugar** and season with **salt**. Cook, stirring occasionally, until dark goldenbrown, 4-6 min.
- Remove pan from heat. Stir in half the Worcestershire sauce, then transfer onions to a small bowl.
- Carefully rinse and wipe the pan clean with paper towels.



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- Add bison, breadcrumbs, remaining Worcestershire, remaining Zesty Garlic Blend and 1/8 tsp (1/4 tsp) salt to a medium bowl.
- Season with **pepper**, then combine. (TIP: If you prefer a more tender patty, add an egg to the mixture!)
- Form **mixture** into **two 5-inch wide patties** (4 patties for 4 ppl).



Cook patties

- Reheat the same pan (from step 3) over medium.
- When hot, add ½ tbsp (1 tbsp) oil, then
- **patties**. Pan-fry until cooked through, 4-5 min per side.** (NOTE: Don't overcrowd the pan; cook the patties in two batches if needed!)
- Carefully drain and discard excess fat.
- Sprinkle cheese over top. Cover to melt cheese onto patties. (TIP: If cheese doesn't melt quickly, reheat covered pan over low heat. Cook until cheese melts.)



Finish and serve

- Meanwhile, halve **buns**. Arrange directly on the **top** rack of the oven.
- Toast until golden-brown, 3-4 min. (TIP: Keep an eye on them so they don't burn!)
- Sprinkle parsley over potatoes on baking sheet, then toss to coat.
- Spread some zesty mayo on bottom buns. Stack bottom buns with arugula and spinach mix, patties, onions and top buns.
- Divide burgers and potatoes between plates. Serve remaining zesty mayo alongside for dipping.



4 | Form patties

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If you've opted to get **beef**, cook it in the same way the recipe instructs you to cook the **bison**.**

Issue with your meal? Scan the QR code to share your feedback.

