

Steaks and Bacon-Wrapped Green Beans

with Garlic Mash and Horseradish Sauce

Special

35 Minutes









Bacon Strips



Green Beans





Creamy Horseradish

Sauce

Yellow Potato





Sour Cream





Whole Grain Mustard



Montreal Steak Spice



Green Onion



HELLO STEAK

Start here

- Before starting, preheat the oven to
- Wash and dry all produce.

Measurements 1 tbsp (2 tbsp) oil within steps 4 person Ingredient

Bust out

2 Baking sheets, measuring spoons, potato masher, strainer, parchment paper, small bowl, measuring cups, large pot, large non-stick pan, paper towels

Ingredients

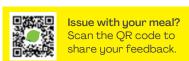
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	2 Person	4 Person
Beef Steak	285 g	570 g
Shrimp	285 g	570 g
Bacon Strips	100 g	200 g
Green Beans	170 g	340 g
Yellow Potato	350 g	700 g
Creamy Horseradish Sauce	1 tbsp	2 tbsp
Sour Cream	3 tbsp	6 tbsp
Mayonnaise	2 tbsp	4 tbsp
Garlic Puree	1 tbsp	2 tbsp
Whole Grain Mustard	1 tbsp	2 tbsp
Montreal Steak Spice	1 tbsp	2 tbsp
Green Onion	2	4
Unsalted Butter*	2 tbsp	4 tbsp
Sugar*	1/4 tsp	½ tsp
Oil*		
Salt and Pepper*		

- * Pantry items
- ** Cook pork, seafood and beef to minimum internal temperatures of 71°C/160°F, 74°C/165°F and 63°C/145°F (for medium-rare), respectively, as size may vary.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.





Roast bacon-wrapped green beans

- Trim green beans.
- Cut bacon strips in half crosswise. (NOTE: You should have 8 pieces for 2 ppl, or 16 pieces for 4 ppl.)
- Divide green beans between bacon pieces. Wrap bacon around green bean bundles.
- Transfer bacon-wrapped green beans to a parchment-lined baking sheet.
- Drizzle ½ tbsp (1 tbsp) oil over top, then season with salt and pepper.
- Roast in the middle of the oven, until bacon is crisp, 25-26 min.**



Prep and cook potatoes

- Meanwhile, cut potatoes into 1-inch pieces.
- Thinly slice green onions.
- Add potatoes, garlic puree, 2 tsp salt and **enough water** to cover (by approx. 1 inch) to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Once boiling, reduce heat to medium. Simmer uncovered, until fork-tender, 10-12 min.

If you've opted to add **shrimp**, using a strainer, drain and rinse, then pat dry with paper towels. Season with salt and pepper. Heat a large nonstick pan over medium-high heat. When hot, add 1/2 tbsp (1 tbsp) oil, then shrimp. Cook, stirring occasionally, until **shrimp** just turn pink, 2-3 min.** Remove from heat, then transfer to a plate. Reuse the same pan to cook steaks in step 3.



Cook steaks

- · Meanwhile, pat steaks dry with paper towels.
- Sprinkle Montreal Steak Spice over tops of steaks, then press down to adhere.
- Heat a large non-stick pan over mediumhigh heat.
- When hot, add 1 tbsp (2 tbsp) oil, then steaks, spice-side down. Cook until golden, 2-3 min per side.
- Remove from heat. Transfer steaks to an unlined baking sheet, spice-side up.
- Roast in the top of the oven, until cooked to desired doneness, 5-10 min.**



Make horseradish sauce

 Combine creamy horseradish sauce, mayo, mustard, 1/4 tsp (1/2 tsp) sugar and half the green onions in a small bowl. Set aside.



Mash potatoes

- When potatoes are fork-tender, drain and return to same pot, off heat.
- Mash sour cream, 2 tbsp (4 tbsp) butter and remaining green onions into potatoes until smooth.
- Season with salt and pepper, to taste.



Finish and serve

- Slice steaks.
- Divide steaks, garlic mash and bacon-wrapped green beans between plates.
- Serve horseradish sauce alongside for dipping.

Serve **shrimp** alongside **main dish**.

Dinner Solved!