

Striploin Steak in Creamy Shallot Sauce

with Herby Potatoes

Special Plus 40 Minutes



 HELLO THYME

 This woody herb packs a fragrant and savoury punch!

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Measurements within steps	1 tbsp	(2 tbsp)	oil
	2 person	4 person	Ingredient

Bust out

2 Baking sheets, colander, measuring spoons, aluminum foil, medium pot, parchment paper, measuring cups, large non-stick pan, paper towels

Ingredients

	2 Person	4 Person
Striploin Steak	370 g	740 g
Russet Potato	460 g	920 g
Shallot	50 g	100 g
Sugar Snap Peas	227 g	454 g
Parsley and Thyme	14 g	21 g
Cream	56 ml	113 ml
White Cooking Wine	4 tbsp	8 tbsp
Cream Sauce Spice Blend	1 tbsp	2 tbsp
Garlic Salt	1 tsp	2 tsp
Dijon Mustard	1 ½ tsp	3 tsp
Unsalted Butter*	1 ½ tbsp	3 tbsp
Oil*		
Salt and Pepper*		

* Pantry items

** Cook to a minimum internal temperature of 63°C/145°F for medium-rare; steak size will affect doneness.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

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Roast potatoes

• Cut potatoes into ½-inch pieces.

Add potatoes, half the thyme sprigs and
1 tbsp (2 tbsp) oil to a parchment-lined baking sheet. Season with half the garlic salt and pepper, then toss to coat.

• Roast in the **middle** of the oven, flipping halfway through, until tender and goldenbrown, 22-25 min.



Make creamy shallot sauce

- While **steak** rests, reheat the same pan over medium.
- When hot, add **1 tbsp** (2 tbsp) **butter**, then **shallots** and **cooking wine**. Cook, stirring often, until **shallots** are tender and **wine** is absorbed, 3-4 min.
- Sprinkle Cream Sauce Spice Blend and chopped thyme over shallots. Stir to coat, 30 sec.
- Add **cream**, **Dijon** and ½ **cup** (¾ cup) **water**. Bring to a simmer. Cook, stirring often, until **sauce** thickens slightly, 3-4 min.
- Remove from heat, then cover to keep warm.



Prep

- Meanwhile, add **4 cups water** and
- **1 tsp salt** to a medium pot (use same for 4 ppl). Cover and bring to a boil over high heat. (**TIP:** Reduce heat to low if water is boiling before needed.)
- Meanwhile, trim snap peas.
- Peel, then finely chop **shallot**.
- Roughly chop **parsley**.
- Strip **thyme leaves** from remaining stems, then finely chop.



Cook snap peas

- Meanwhile, return **water** to a boil over high. Add **snap peas** to the **boiling water**. Cook, stirring occasionally, until tender-crisp, 1-3 min.
- Drain **snap peas** and return to the same pot, off heat. Season with **salt** and **pepper**.
- Add half the parsley and ½ tbsp (1 tbsp) butter. Toss to coat.
- Cover to keep warm.



Cook steak

• Heat a large non-stick pan over mediumhigh heat.

• While the pan heats, pat **steak** dry with paper towels. Season with **remaining garlic salt** and **pepper**.

- When the pan is hot, add **1 tbsp** (2 tbsp) **oil**, then **steak**. Sear until golden-brown, 1-2 min per side.
- Remove from heat, then transfer **steak** to an unlined baking sheet.
- Roast in the **top** of the oven until cooked to desired doneness, 6-10 min.**
- Transfer to a cutting board. Loosely cover with foil and set aside to rest for 5 min.



Finish and serve

- Thinly slice **steak**.
- Stir any steak resting juices into sauce. Season with salt and pepper, to taste.
- Sprinkle **remaining parsley** over **potatoes**, then toss to coat.
- Divide **steak**, **potatoes** and **snap peas** between plates.
- Spoon creamy shallot sauce over steak.
- **Dinner Solved!**