

# HELLO Tofu Korma-Style Curry with Rice and Garlic Flatbread

with Rice and Garlic Flatbread

Veggie

25 Minutes







1/2 cup | 1 cup



Cashews



28 g | 56 g

Basmati Rice 3/4 cup | 1 ½ cups



Flatbread



Curry Paste 2 tbsp | 4 tbsp



Yellow Onion



1 | 2

56 ml | 113 ml



Garlic, cloves 3 | 6



Cilantro 7g | 7g

Allengens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

#### Cook rice

- Before starting, preheat the oven to 450°F.
- · Wash and dry all produce.
- Add **1** ¼ cups (2 ½ cups) water and 1/4 tsp (1/2 tsp) salt to a medium pot. Cover and bring to a boil over high heat.
- Once boiling, add **rice**, then reduce heat to low. Cover and cook until rice is tender and liquid is absorbed, 12-14 min.
- Remove the pot from heat. Set aside, still covered.



## Cook tofu

- Meanwhile, pat **tofu** dry with paper towels.
- Cut into ½-inch cubes, then season with **salt** and pepper.
- Heat a large non-stick pan over medium-high heat.
- When the pan is hot, add 1 tbsp (2 tbsp) oil, then tofu. Pan-fry, turning cubes occasionally, until crispy and goldenbrown all over, 6-7 min. (TIP: For 4 ppl, cook in 2 batches, using 1 tbsp oil per batch!)
- Transfer to a plate.



## Prep and start curry

- Roughly chop cilantro.
- Finely chop cashews.
- Peel, then mince or grate garlic.
- Peel, then cut **onion** into 1/4-inch pieces.
- Reheat the same pan over medium.
- When the pan is hot, add 1 tbsp (2 tbsp) butter, then onions, half the garlic, cashews and curry paste.
- Season with salt and pepper. Cook, stirring often, until onions soften slightly, 3-4 min.



## Finish curry

- Stir in tikka sauce, 2 tbsp (4 tbsp) butter and ½ cup (1 cup) water.
- Add **tofu** back to the pan. Stir to combine. Cover and cook, stirring occasionally, until **sauce** thickens slightly, 8-10 min.



## Make garlic flatbreads

- Meanwhile, add remaining garlic and **1 tbsp** (2 tbsp) **oil** to a small bowl. Season with **salt** and **pepper**, then stir to combine.
- Brush garlic oil over flatbreads, then transfer to an unlined baking sheet.
- Bake flatbreads in the middle of the oven, flipping halfway through, until slightly toasted, 4-5 min.



#### Finish and serve

- Remove curry from heat, then stir in cream.
- Fluff rice with a fork. Divide between plates, then spoon **curry** over top.
- Sprinkle with cilantro.
- Serve garlic flatbreads alongside.





