

Pork Salisbury Steak and Mash

with Mushroom Gravy and Green Salad

30 Minutes



Start here

Before starting, wash and dry all produce.

Bust out

Medium bowl, vegetable peeler, colander, measuring spoons, potato masher, large bowl, measuring cups, whisk, large pot, large non-stick pan

Ingredients

	2 Person	4 Person
Ground Pork	250 g	500 g
Ground Turkey	250 g	500 g
Italian Breadcrumbs	2 tbsp	4 tbsp
Russet Potato	460 g	920 g
Gravy Spice Blend	2 tbsp	4 tbsp
Arugula and Spinach Mix	56 g	113 g
Gala Apple	1	2
Dijon Mustard	1 tbsp	2 tbsp
Mushrooms	113 g	227 g
White Wine Vinegar	1 tbsp	2 tbsp
Worcestershire Sauce	1 tbsp	2 tbsp
Chicken Broth Concentrate	1	2
Unsalted Butter*	3 tbsp	6 tbsp
Milk*	3 tbsp	6 tbsp
Sugar*	½ tsp	1 tsp
Oil*		

Salt and Pepper*

* Pantry items

** Cook to a minimum internal temperature of 74°C/165°F.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact



Cook potatoes

• Peel, then cut **potatoes** into ½-inch pieces.

• Add **potatoes**, **2 tsp salt** and **enough water** to cover (by approx. 1 inch) to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.

• Once boiling, reduce heat to medium. Simmer uncovered until fork-tender, 10-12 min.

• Drain and return **potatoes** to the same pot, off heat.

• Mash 2 tbsp butter and 3 tbsp milk (dbl both for 4 ppl) into potatoes until creamy. Season with salt and pepper, to taste.



Start mushroom gravy

• Return the same pan (from step 2) to mediumhigh. Add **1 tbsp oil** (dbl for 4 ppl), then **mushrooms**. Cook, stirring occasionally, until golden-brown, 3-4 min. Season with **salt** and **pepper**.

• Add **1 tbsp butter** (dbl for 4 ppl), then swirl the pan until melted. Sprinkle **Gravy Spice Blend** over **mushrooms**, then stir until coated, 30 sec.



Start patties

• Meanwhile, add pork, breadcrumbs, half the Dijon and half the Worcestershire sauce to a medium bowl. Season with salt and pepper, then combine. Form pork mixture into 2 equal-sized, 1-inch-thick patties (4 patties for 4 ppl).

• Heat a large non-stick pan over medium-high heat. When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **patties**. Cover and cook until goldenbrown, 3-4 min per side. (NOTE: It's okay if patties don't cook all the way through in this step.) Transfer **patties** to a plate.

If you've opted to get **turkey**, prepare and cook it in the same way the recipe instructs you to prepare and cook the **pork**.



Finish gravy and patties

• Gradually whisk 3⁄4 **cup water** (dbl for 4 ppl), **broth concentrate** and **remaining Worcestershire sauce** into the pan with **mushrooms** until combined.

• Return **patties** to the pan and bring **gravy** to a simmer. Once simmering, reduce heat to medium. Cover and cook, stirring occasionally, flipping **patties** halfway through, until cooked through, 4-5 min.** (**TIP**: Add water, 1 tbsp at a time, if the gravy reduces too much!)

• Season with salt and pepper, to taste.



Prep and make vinaigrette

- Meanwhile, add vinegar, remaining Dijon,
 1/2 tsp sugar and 2 tbsp oil (dbl both for 4 ppl)
 to a large bowl. Season with salt and pepper, to
 taste, then whisk to combine.
- Core, then cut **apple** into ¼-inch slices. Add **apples** to **vinaigrette**, then toss to coat.
- Quarter mushrooms.



Finish and serve

- Add **arugula and spinach mix** to the bowl with **apples** and **vinaigrette**, then toss to combine.
- Divide **mash** and **patties** between plates, then spoon **mushroom gravy** over top.
- Serve salad alongside.

Dinner Solved!

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