



Veggie Chili with Tortilla Chips

Veggie

30 Minutes



Beyond Meat®

2 | 4

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Kidney Beans
370 ml | 740 ml



Tortilla Chips
85 g | 170 g



Green Bell Pepper
1 | 2



Mirepoix
113 g | 227 g



Green Onion
2 | 4



Cheddar Cheese, shredded
½ cup | 1 cup



Crushed Tomatoes with Garlic and Onion
1 | 2



Sour Cream
6 tbsp | 12 tbsp



Vegetable Broth Concentrate
1 | 2



Mexican Seasoning
2 tbsp | 4 tbsp



Chipotle Powder
¼ tsp | ½ tsp

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Pantry items | Oil*, salt*, pepper*

Cooking utensils | Measuring spoons, strainer, measuring cups, large pot



1 Prep

- Before starting, wash and dry all produce.
- Heat Guide in Step 3: 1/8 tsp (1/4 tsp) mild, 1/4 tsp (1/2 tsp) medium, 1/2 tsp (1 tsp) spicy
- Core, then cut **pepper** into 1/4-inch pieces.
- Thinly slice **green onions**.



2 Start cooking veggies

+ Add | **Beyond Meat®**

- Heat a large pot over medium heat.
- When hot, add **1 tbsp** (2 tbsp) **oil**, then **mirepoix** and **peppers**. Cook, stirring often, until **veggies** start to soften, 4-5 min. Season with **salt** and **pepper**.
- Meanwhile, drain and rinse **beans**.



3 Cook veggies and add spices

- Add **Mexican Seasoning** and 1/4 tsp (1/2 tsp) **chipotle powder** to the pot with **veggies**. (**NOTE:** Reference heat guide.)
- Cook, stirring often, until fragrant, 1 min.



4 Cook chili

- Add **crushed tomatoes, beans, broth concentrate** and 3/4 cup (1 1/2 cups) **water** to the pot. Bring to a boil over high.
- Once boiling, reduce heat to medium. Simmer, stirring occasionally, until **chili** thickens slightly, 12-15 min.
- Season with **pepper**, to taste.



5 Finish and serve

- Divide **veggie chili** between bowls.
- Dollop **sour cream** over top, then sprinkle with **cheese** and **green onions**.
- Serve **tortilla chips** alongside for dipping.

Measurements within steps | **1 tbsp** (2 tbsp) **oil**
2 person 4 person Ingredient

2 | Start cooking

+ Add | **Beyond Meat®**

If you've opted to add **Beyond Meat®**, when the pot is hot, add **patties** along with **mirepoix** and **peppers**. Cook, breaking up **patties** into bite-sized pieces, until crispy, 5-6 min.** Follow the rest of the recipe as written.

** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.



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